

Inclusive-Uni:
*Promoting Inclusive
Campuses for Equity
and Diversity*

Reference Number:
2024-1-TR01-KA220-HED-000254836

Duration:
01.12.2024-31.07.2027

Module 2 – Unit 6 Reflection and Transfer into Practice

UNIT 6

Reflection and Transfer into Practice

Moving from training content to a practical change in one's own role.



UNIT 6

Reflection questions for participants

- Which aspects of my current practice already support inclusion?
- Where do unintended barriers still exist?
- Which small changes could improve accessibility and participation?
- Which stakeholders should be involved in creating more inclusive practices?

Use the answers to build one realistic action, not a general declaration.

PRACTICAL ACTIVITY 6 · Guided reflection: Use the four reflection questions before completing the H5P Essay.

UNIT 6

My Inclusive Practice Action

Current practice

What do I currently do?

Barrier

Where could exclusion occur?

Essential

What must be preserved?

Redesign

What can I change?

Stakeholders

Who should be involved?

First action

What will I do next?

Final output: one change that can be implemented in the participant's real work context.

H5P 5 · Essay**From Reflection to Inclusive Practice**

Moment: after the action-plan template · 10 min

Evidence says: Transfer is stronger when participants redesign one real routine they can influence. [Source: Brookfield 2017; Mezirow 1991 7](#)

Review & evidence — Reflection, transfer and wellbeing

EVIDENCE SYNTHESIS

Transfer into practice is strengthened when participants connect inclusion to a real routine they can change and examine its consequences for participation, confidence, stress and belonging.

What the evidence adds

- EUROSTUDENT 8 is the first round with a dedicated cross-national module on student mental health and well-being.
- Its European data connect study conditions and social background with belonging, well-being and consideration of drop-out.
- Reflection should therefore ask not only “Is this accessible?” but also “What does this practice do to confidence, participation, stress and belonging?”

FOR ACADEMIC STAFF

EUROSTUDENT 8 Well-being report (2024): useful empirical material for teaching staff discussing belonging and student experience.

[Open source / report ↗](#)

FOR SERVICES / HR

EUROSTUDENT 8 database and reports: useful for services, counselling, management and institutional planning, including indicators on disability, discrimination and counselling.

[Open source / report ↗](#)